



Vicky Nacif de Brey studied Russian Vaganova Ballet for 10 years with Sonia Castañeda, a former Prima Ballerina from the National Ballet in Mexico City, while also learning the English Royal Academy Ballet method at the Centro de Arte y Ballet in Mexico City with Tita Ortega. In 1992, she joined Sonia Castañeda's Genesis Dance Company. Vicky has also participated in a wide variety of dance programs from renowned companies throughout the US and Europe, such as Alvin Ailey, David Howard, American Ballet Theater, and Harlem Ballet. She studied Jazz, modern stage, and modern dance with former Martha Graham Dance Company teachers in Mexico City.

She taught Vaganova Russian Ballet technique at Stanford University through the Health Improvement Program for over 10 years. Vicky has a master's degree in public health and developed a dance exercise program for Latinos at the Stanford Arthritis Center, directed by Dr. Kate Lorig. Her passion for dance allows her to teach and coach talented young ballet dancers, as well as enhancing the artistic and physical training of the Santa Clara Aquamaids, a synchronized swimming club that has produced many US Olympic Team athletes.

Currently she is a ballet and contemporary dance teacher and a coach at Dance Visions.